Kindness Challenge Summer 2020

Can you do at least 10 things this summer???

1. make a care pack of toys or stickers for kids
2. plant flowers for butterflies and bees
3. bake cookies for your fire station
4. have a charity lemonade stand
5. leave a note for your mailbox carrier
6. pay for someone else's order in line for coffee
7. donate old toys or clothes
8. volunteer or donate items to the animal shelter
9. donate food to a food pantry
10. make food for the homeless
11. pick up trash at the beach
12. call a loved one over Zoom
13. write nice notes on parked cars
14. send cookies to someone you love
15. make a bracelet for a friend
16. leave bubbles or a hula hoop in the park for a child to play with
17. plant a tree
18. give a hug
19. open the door for someone
20. donate a book to the library
21. give someone a compliment
22. feed the birds
23. leave tennis balls at the dog park
24. return the shopping carts to the store
25. paint inspiration stones to make someone's day
26. make someone laugh
27. send a sick friend a card or bring soup
28. leave quarters taped to parking meters
29. knit a blanket or scarf for someone in need
30. send a card and care package to someone in the armed forces
31. call or text someone who is lonely
32. stick a note in a library book
33. make a card for a family member
34. help someone with a task
35. do someone a favor
36. let someone ahead of you in line
37. ask about someone's day
38. give someone a flower
39. draw a nice message in sidewalk chalk for other people to see
40. give a stranger a smile
41. teach someone something
42. call a friend and talk to them
43. help someone else clean up
44. always use kind words
45. offer to help someone who is hurt
46. read to someone
47. donate school supplies to a school for needy students
48. plant a community garden
49. help someone move
50. tell someone you love them
51. donate loose change to a charity

What ideas do YOU have??